



Bullying and its Impact on Academic Performance

مركز النجاح الطلابي

Student Success Centre (SSC)
Integration and Transformation

November 11, 2022

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What is Bullying?



Bullying

Defined as:

1. Unwanted aggressive behavior
2. Observed or perceived power imbalance
3. Repetition or high likelihood of repetition of bullying behaviors

The Center of Disease Control, 2014

It is also defined as [repeated patterns of negative behavior, by a single person or group, that results in pressure, provocation, or intimidation of the victim causing psychological harm]

Branch, et al.(2013). Workplace bullying, mobbing and general harassment: A review. International Journal of Management Reviews, 15(3), 280–299

Affected parties

- ▶ The one bullied
- ▶ The bully himself/ herself
- ▶ The ones who witness bullying



Bullying in Education: The Extent of the Problem

- ▶ Widely recognized as a serious issue in all levels of education
- ▶ Long-term consequences on the psychosocial functioning, academic motivation and the studying ability of individuals have been found to affect school year experiences to higher education
- ▶ Cultural differences in the prevalence and forms of bullying suggest that bullying at the university level transforms into bullying in the workplace
- ▶ Research indicates that students who described themselves as either current or past bullying victims had significantly lower academic motivation than others

Craig et al. 2009; Currie et al. 2012; Nansel et al. 2001; Keashly and Harvey 2005



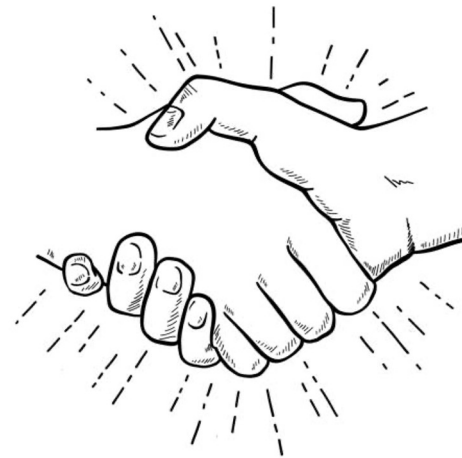
How does bullying affect

Effect	Impact on Academic Performance
Loss of self confidence	Poor academic performance
Self preservation	Deliberate compromised academic performance
Isolation	Inability or lack of desire to contribute in class
Reverse bullying	Becoming aggressive towards peers



How the SSC Helps Students?

- Bringing together students and breaking the ice between them
- Creating a respectful, yet friendly environment amongst students (Less Formal)
- Encourage teamwork
- Creating mutual respect
- Referring, with consent, to other services



How does verbal bullying manifest in the lives of students?

- One of the biggest challenges victims of bullying face is acknowledging they are being bullied.
- Many students ignore such instances, or refuse to speak up about it, or seek help.
- Despite ignoring such instances on the surface, they impact the emotional and psychological well being of learners.
- Please join me in watching the following short video that depicts some of issues victims of bullying face;

<https://www.youtube.com/watch?v=4mrE5zgEvt4>



Some facts on bullying:

An estimated 160,000 students miss school every day due to a fear of bullying or harassment.

There appears to be a strong relationship between bullying as a youth and experiencing legal and criminal problems as an adult. 60% of those characterized as a bully in grades 6-9 had one or more criminal convictions by age 24.

Boys tend to bully boys and girls. Girls tend to bully other girls.

Bullying causes fear and creates a climate of disrespect in schools. It has a negative impact on student learning.

Bullying takes place most often at school and where there is no or little adult supervision.

https://4-h.ca.uky.edu/files/stc11_bullying_program.doc_1.pdf



How does verbal bullying manifest in the lives of students?

- Many of us think we know all about bullying and how to avoid such instances our selves. Take the following fun trivia and share your scores in the group chat regarding bullying!
- https://www.proprofs.com/quiz-school/playquiz/?title=bullying-quiz_7

How did you score?!



How does verbal bullying manifest in the lives of students?

- Can you think back on some of the things we have learnt during this webinar, and see if you can type your answers to some of the following questions in the group chat.
- What did you learn about the topic of bullying today?
- Can you think of times in your life when you or someone you know was bullied?
- If you or someone you know is being bullied, what are some things that they can do for help or to stop the bullying?
- If someone started bullying you, who would you talk to about the situation? Who are some of the people that would help you?



How does verbal bullying manifest in the lives of students?

- ❑ Would you like to share any experiences that come to your mind regarding situations of bullying that you might have faced in the past?



SOME QUOTES AGAINST BULLYING:

Those who can, do. Those who can't, criticize. ~Unknown

WE MUST BE THE CHANGE WE WISH TO SEE. ~GANDHI

Courage is fire and bullying is smoke. ~Benjamin Disraeli

Fear, either as a principle or a motive, is the beginning of all evil. ~Anna Jameson

THANK YOU FOR ATTENDING THE WEBINAR!

ANY QUESTIONS?



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