

## STUDENT SUCCESS CENTER

*Your gate towards assimilation  
and transformation*



جامعة عجمان  
AJMAN UNIVERSITY

Purpose of the event: To provide tips and strategies that are known to work in helping students strategize and prepare for their examinations. The session will also invite students to share their experiences on exam preparations and how to make the experience and outcome of examinations less stressful and positive.

**Main facilitator:**

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# Examination preparation strategies



**Disclaimer:**  
**PRESENTING AUTHORS HAVE NO RELATIONSHIPS TO DISCLOSE**

# Why is exam preparation such an important thing?

- From my experience: Abu Ghatata!
- Preparation is the key to success
- Preparing for an up-coming exam will overall boost your confidence during the day of the exam, which will in turn result in achieving high scores
- Preparing yourself adequately beforehand will be your guarantee to acing your exams

## Exam preparation tips

1. No procrastinating: waiting till the last minute is so stressful and it can result in an unwanted grade. Scheduling and dividing assigned material will help you avoid that
2. Find a calm study area where distractions are minimal
3. Have a study method for each class: some classes require memorization, other require applications and sometimes there ones that require both
4. Prioritize your subjects: You study first for the exam you have first and you give much more time to harder lessons than easier ones especially if you're running out of time

## Exam preparation tips

5. When studying, focus on parts that serve the course outcomes
6. Study efficiently: summarize the material you are assigned so that you can always go back to that summary the night of the exam
7. Never hesitate to ask about something you're having a hard time understanding
8. Make sure to get enough rest: pulling an all nighter won't get you anywhere but failing to answer questions you once nailed along with ones you were not sure of

## **My favorites:**

- Talk while studying: Teach others!
- Study past examinations, ask past students!



# Well-prepared studying Vs Cramming

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<b>Well-prepared studying</b>	<b>Cramming</b>
Done over intervals during an amount of time	Done the night before an exam
A concept is understood, therefore it won't be forgotten easily	Concept is memorized temporarily, the concept would be easily forgotten
Information is retained for a long time	Lack of retention of information
Efficient	Inefficient
Relaxing and easy	Stressful
High exam results	Low exam results

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# Small Group Exercise

## In small 'moderated' groups:

1. Discuss personal challenges with exam preparations
2. Identify the most important 3 challenges that your group agree about
3. Identify the most important 3 exam preparation strategies that would work
4. Share these with the large group when you called to do so