

Dr. Azmat Riaz

Clinical Assistant Professor and Specialist Obstetrics and Gynaecology

MBBS, M.Med, MPhil, MRCOG, FCPS

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Key Skills

Clinical skills in Obstetrics and Gynaecology

Experienced in teaching midwives and medical students as a faculty member

Experienced in teaching using various methods such as bedside teaching, PBLs, TBLs, flip classroom method, etc

Experienced in formative and summative assessment of medical students and junior doctors such as OSATS, Mini-CEX, CBD, OSCE, etc

Experience in writing and conducting clinical simulation sessions related to Obstetrics and Gynaecology



Professional Affiliations

- Examiner of part 3 (Clinical) MRCOG exam
- Membership of The Royal College of Obstetricians and Gynecologists, UK in 2019
- FCPS (Fellowship of The College of Physicians and Surgeons of Pakistan), Obstetrics and Gynecology in 2016



Profile Summary

- DHA Licensed with 15 years of expertise in Obstetrics & Gynecology
- Clinical experience working in the UK, UAE and Pakistan
- Experience in teaching and assessing midwives, undergraduate and postgraduate medical students
- Skilled in conducting obstetrics & gynecology operations. Filmed on BBC One for a medical documentary while performing a complex obstetric procedure
- An effective mentor, advisee, communicator, team leader, team player & proactive planner with strong analytical, problem-solving and organizational skills



Education

- MRCOG from Royal College of Obstetricians and Gynecologists, London, UK in 2019
- FCPS from the College of Physicians and Surgeons of Pakistan in 2016
- M.Med (University of Sydney, Australia)
- M.Phil (Female Infertility) from Sydney Medical School, Australia in 2014
- MBBS from the University of Health Sciences, Lahore, Pakistan in 2006



Courses / Workshops

- Workshops on clinical simulation, OSCE, DOCEE (UAE, 2021-2024)
- Advanced Life Support, May 2020
- Benign Gynaecological Surgeries and Laparoscopy, RCOG, London in 2019
- Total Laparoscopic Hysterectomy, Royal Derby Hospital, Derby, UK in 2019
- Basic Urodynamics Course from Bristol Institute of Urology, Bristol, UK in 2019
- Obstetric Anal Sphincter Injury Repair (OASIS) Course, Birmingham 2019
- Early Pregnancy and Obstetric Ultrasound Course, Birmingham 2019
- Basic Obstetric Ultrasound Course from Dubai in 2015
- Courses on End Note, Plagiarism, and How to write a research manuscript at the University of Sydney (2012-2013)



Clinical Audits

- Peri-natal Mortality Audit 2018-2019, Heart of England Foundation Trust, Birmingham
- Management of tubo-ovarian abscesses, University Hospitals Birmingham, 2019-2020



Research Work (M.Phil.)

- Queen Elizabeth II Research Institute for Mothers and Infants, Sydney Medical School, Australia**
- The project was conducted at the Royal Prince Alfred Hospital, Sydney and it analysed immune cell changes in infertility secondary to endometriosis (Online access to full thesis is available on University Website at <http://ses.library.usyd.edu.au/handle/2123/12062?mode=full>)



Work Experience

Sep 2021- to date

Clinical Assistant Professor, Obstetrics and Gynaecology, University of Ajman (Full time)

The summary of my current role is as follows:

Teaching and assessment:

1. I am the block director for the Obstetrics and Gynaecology block which carries ten credit hours. I use various methods to facilitate/teach medical students such as writing and facilitating PBLs, TBLs, lectures, and clinical simulation sessions using low and high-fidelity manikins
2. I prepare OSCE stations for clinical assessment and arrange summative assessments
3. Coordinate with adjunct faculty members at our three affiliated hospitals to ensure a smooth teaching experience and facilitate clinical assessments (DOCEE)
4. Prepare clinical simulation sessions regularly using high-fidelity manikins for formative assessments
5. Prepare MCQs related to my speciality for various levels of students and invigilate examinations
6. Prepare the final results related to my course in collaboration with the assessment office
7. I am familiar with Moodle and ExamSoft

Research:

1. Prepare research proposals, apply for ethics approvals and research grants and conduct studies at our affiliated hospitals to publish/present at renowned forums

Services:

1. Mentor students as an academic advisee and provide services to the community in general (e.g., conducting health awareness sessions)
2. I am a member of the College Assessment committee and take part in vetting and work closely with the assessment office

May 2025-to date: Specialist OBGYN at Multi care Medical Centre, AlKhail Gate, Dubai

May 2022 to July 2024: Specialist Obstetrics and Gynecology with Community Medical Centre, Dubai (part-time)

June 2021 to Feb 2022: Western Medical Centre, JBR, Dubai as Specialist Obstetrics and Gynaecology (Full time)

I provided outpatient care to Obstetrics and Gynaecology patients at the clinic.

March 2018-March 2021 with Birmingham Heartlands Hospital (BHH), University Hospitals Birmingham (UHB), UK as Senior Speciality Registrar and Clinical Fellow Obstetrics & Gynaecology

UHB is a well-known Teaching Hospitals Trust in the UK with over 10,000 deliveries annually. I worked as a Senior Speciality Registrar at Heartlands, Good Hope, and Solihull Hospitals. I independently managed patients in the labor ward and attended pregnant and non-pregnant women in the antenatal and Gynecology Clinics (Urogynaecology, Gynae Oncology, General Gynae, Infertility). I assisted and performed surgeries in emergency and elective theatres across the three hospitals. I was filmed by the BBC while doing a complex surgery for a medical documentary 'Life and Birth'.

I did an audit on Perinatal Mortality and attended various courses and workshops to update my clinical skills including courses for Obstetric Emergencies, Obstetric Ultrasound (Birmingham), Benign Gynae Surgery and Laparoscopy, Total Laparoscopic Hysterectomy (Derby UK), OASIS (Obstetric Anal Sphincter Injury) and Basic Urodynamics Course (Bristol, UK).

I arranged teaching sessions for undergraduate medical students which included teaching bedside techniques

Jun'17-Jan'18 with Civil Hospital, Aliabad, Hunza as Consultant Gynaecologist & Obstetrician

I worked as a Consultant Obstetrician and Gynecologist in the biggest public hospital in Hunza., which catered to a population of 150,000. I performed emergency and elective procedures and managed the Delivery Suite, wards, and clinics independently.

I taught and assessed midwives and junior doctors and evaluated their progress

Jun'15-May'17 with Aga Khan Health Services, Aliabad, Gilgit Baltistan as Obstetrician, Comprehensive Health

Independently managed patients in the outdoor, indoor, emergency, labor room & OT; conducted outreach clinics & CNE sessions for midwives/ lady health workers (LHVs)

Jul'14-Jan'15 with Sachet Health Centre, Islamabad as Senior Medical Officer

Jan'08-Dec'11 with Pakistan Institute of Medical Sciences (PIMS), Islamabad as Postgraduate Resident Doctor Obstetrics & Gynaecology

May'06-Oct'07 with Benazir Bhutto Hospital (Earlier Rawalpindi General Hospital, Rawalpindi), location as House Officer, General Medicine and Obstetrics & Gynaecology



Publications:

Riaz, A., & Tabbah, K. (2024). Folic acid allergy in pregnancy: a case report. *Journal of the Pakistan Medical Association*, 75(1), 119–121. <https://doi.org/10.47391/JPM.10691>

Anouti FA, Ahmed LA, **Riaz A**, Grant WB, Shah N, Ali R, Alkaabi J, Shah SM. Vitamin D Deficiency and Its Associated Factors among Female Migrants in the United Arab Emirates. *Nutrients*. 2022 Mar 3;14(5):1074. doi: 10.3390/nu14051074. PMID: 35268048; PMCID: PMC8912400.

Hey-Cunningham, A., **Riaz A**, D., Fromm, P., Kupresanin, F., Markham, R. & McGuire, H. (2021). Circulating and Endometrial Regulatory T Cell and Related Populations in Endometriosis and Infertility: Endometriosis Is Associated with Blunting of Endometrial Cyclical Effects and Reduced Proportions in Moderate-Severe Disease. *Reproductive Sciences*:1–14. doi: 10.1007/s43032-021-00658-4

Wong, C., **Riaz A**, D., Berbic, M., Hart, D., Fromm, P., Kupresanin, F., Jansen, R., Markham, R., Fraser, I. & Hey-Cunningham, A. (2014). Dendritic cells and impaired immune tolerance in infertility. *Fertility and Sterility*, 102(3):e137. doi: 10.1016/j.fertnstert.2014.07.468

Oral Presentations

- **Riaz A** (May 2017) The International Congress of Obstetricians and Gynaecologists, Prague, Czech Republic
- **Riaz A** (July, 2013) (Maternal Health: Challenges and opportunities in a developing country), The 4th Annual Queen Elizabeth II Centre Conference, Gerringong, Australia
- **Riaz A** (August 2013) (Infertility in Endometriosis: Is it curable?) September 2013, Three-minute talk competition. The University of Sydney

Poster Presentations

Three posters have been accepted for presentation at the RCOG Congress to be held in October 2024

- **Riaz A**, Wong C, Berbic M, Jansen RPS, Schmidt U, Markham R, Fraser IS, Hey-Cunningham AJ. Regulatory T-cell disturbances are associated with female infertility. RCOG Congress, March 2014, Hyderabad, India
- **Riaz A**, Wong C, Berbic M, Jansen RPS, Schmidt U, Markham R, Fraser IS, Hey-Cunningham AJ. Infertility in Endometriosis: Are the suppressor cells dysregulated? Annual Scientific Meeting of the Society for Reproductive Biology, August 25-28, 2013, Sydney, Australia
- **Riaz A**, Wong C, Berbic M, Jansen RPS, Schmidt U, Markham R, Fraser IS, Hey-Cunningham AJ. Dysregulated immuno-suppression in women with endometriosis-associated infertility? Annual Scientific Meeting of the RANZCOG, September 8-11, 2013, Sydney, Australia



LinkedIn Profile

<https://www.linkedin.com/in/dr-azmat-riaz-072b7278/>



Personal Details

Language Known:

English, Urdu & Hindi

Passport Details:

Pakistani national with UAE resident visa

DHA Registration No.:

82981772

Nationality:

Pakistani