

# Dr. Azmat Riaz

## Clinical Assistant Professor and Specialist Obstetrics and Gynaecology

MBBS, M.Med, MPhil, MRCOG, FCPS

0971 556350031

azmatriazkhan@gmail.com



### Key Skills

Clinical skills in Obstetrics and Gynaecology

Experienced in teaching midwives and medical students as a faculty member

Experienced in teaching using various methods such as bedside teaching, PBLs, TBLs, flip classroom method, etc

Experienced in formative and summative assessment of medical students and junior doctors such as OSATS, Mini-CEX, CBD, OSCE, etc

Experience in writing and conducting clinical simulation sessions related to Obstetrics and Gynaecology

### Professional Affiliations

- Examiner of part 3 (Clinical) MRCOG exam
- Membership of The Royal College of Obstetricians and Gynecologists, UK in 2019
- FCPS (Fellowship of The College of Physicians and Surgeons of Pakistan), Obstetrics and Gynecology in 2016

### Profile Summary

- DHA Licensed with 15 years of expertise in Obstetrics & Gynecology
- Clinical experience working in the UK, UAE and Pakistan
- Experience in teaching and assessing midwives, undergraduate and postgraduate medical students
- Skilled in conducting obstetrics & gynecology operations. Filmed on BBC One for a medical documentary while performing a complex obstetric procedure
- An effective mentor, advisee, communicator, team leader, team player & proactive planner with strong analytical, problem-solving and organizational skills

### Education

- MRCOG from Royal College of Obstetricians and Gynecologists, London, UK in 2019
- FCPS from the College of Physicians and Surgeons of Pakistan in 2016
- M.Med (University of Sydney, Australia)
- M.Phil (Female Infertility) from Sydney Medical School, Australia in 2014
- MBBS from the University of Health Sciences, Lahore, Pakistan in 2006

### Courses / Workshops

- Workshops on clinical simulation, OSCE, DOCEE (UAE, 2021-2024)
- Advanced Life Support, May 2020
- Benign Gynaecological Surgeries and Laparoscopy, RCOG, London in 2019
- Total Laparoscopic Hysterectomy, Royal Derby Hospital, Derby, UK in 2019
- Basic Urodynamics Course from Bristol Institute of Urology, Bristol, UK in 2019
- Obstetric Anal Sphincter Injury Repair (OASIS) Course, Birmingham 2019
- Early Pregnancy and Obstetric Ultrasound Course, Birmingham 2019
- Basic Obstetric Ultrasound Course from Dubai in 2015
- Courses on End Note, Plagiarism, and How to write a research manuscript at the University of Sydney (2012-2013)



### Clinical Audits

- Peri-natal Mortality Audit 2018-2019, Heart of England Foundation Trust, Birmingham
- Management of tubo-ovarian abscesses, University Hospitals Birmingham, 2019-2020



### Research Work (M.Phil.)

- Queen Elizabeth II Research Institute for Mothers and Infants, Sydney Medical School, Australia**
- The project was conducted at the Royal Prince Alfred Hospital, Sydney and it analysed immune cell changes in infertility secondary to endometriosis (Online access to full thesis is available on University Website at <http://ses.library.usyd.edu.au/handle/2123/12062?mode=full>)

## Work Experience

**Sep 2021- to date**

**Clinical Assistant Professor, Obstetrics and Gynaecology, University of Ajman (Full time)**

The summary of my current role is as follows:

### **Teaching and assessment:**

1. I am the block director for the Obstetrics and Gynaecology block which carries ten credit hours. I use various methods to facilitate/teach medical students such as writing and facilitating PBLs, TBLs, lectures, and clinical simulation sessions using low and high-fidelity manikins
2. I prepare OSCE stations for clinical assessment and arrange summative assessments
3. Coordinate with adjunct faculty members at our three affiliated hospitals to ensure a smooth teaching experience and facilitate clinical assessments (DOCEE)
4. Prepare clinical simulation sessions regularly using high-fidelity manikins for formative assessments
5. Prepare MCQs related to my speciality for various levels of students and invigilate examinations
6. Prepare the final results related to my course in collaboration with the assessment office
7. I am familiar with Moodle and ExamSoft

### **Research:**

1. Prepare research proposals, apply for ethics approvals and research grants and conduct studies at our affiliated hospitals to publish/present at renowned forums

### **Services:**

1. Mentor students as an academic advisee and provide services to the community in general (e.g., conducting health awareness sessions)
2. I am a member of the College Assessment committee and take part in vetting and work closely with the assessment office

**May 2025-to date: Specialist OBGYN at Multi care Medical Centre, AlKhail Gate, Dubai**

**May 2022 to July 2024: Specialist Obstetrics and Gynecology with Community Medical Centre, Dubai (part-time)**

**June 2021 to Feb 2022: Western Medical Centre, JBR, Dubai as Specialist Obstetrics and Gynaecology (Full time)**

I provided outpatient care to Obstetrics and Gynaecology patients at the clinic.

**March 2018-March 2021 with Birmingham Heartlands Hospital (BHH), University Hospitals Birmingham (UHB), UK as Senior Speciality Registrar and Clinical Fellow Obstetrics & Gynaecology**

**Jun'17-Jan'18 with Civil Hospital, Aliabad, Hunza as Consultant Gynaecologist & Obstetrician**

I worked as a Consultant Obstetrician and Gynecologist in the biggest public hospital in Hunza., which catered to a population of 150,000. I performed emergency and elective procedures and managed the Delivery Suite, wards, and clinics independently. I taught and assessed midwives and junior doctors and evaluated their progress

**Jun'15-May'17 with Aga Khan Health Services, Aliabad, Gilgit Baltistan as Obstetrician, Comprehensive Health**

Independently managed patients in the outdoor, indoor, emergency, labor room & OT; conducted outreach clinics & CNE sessions for midwives/ lady health workers (LHVs)

**Jul'14-Jan'15 with Sachet Health Centre, Islamabad as Senior Medical Officer**

**Jan'08-Dec'11 with Pakistan Institute of Medical Sciences (PIMS), Islamabad as Postgraduate Resident Doctor Obstetrics & Gynaecology**

**May'06-Oct'07 with Benazir Bhutto Hospital (Earlier Rawalpindi General Hospital, Rawalpindi), location as House Officer, General Medicine and Obstetrics & Gynaecology**

## Publications:

### Accepted:

**Azmat Riaz**, AlHasan Ahmed Badeea Al- Fikri, Lujain Sami Othman Albozeyah, Yusor Yusor Amjed Mohammad Zahid, Zainab Hussein Abdulhadi Zyara, Amer Hashem Al-Ani. Breast Cancer Detection After In-Vitro Fertilisation: Ethical and Legal Implications of Current Surrogacy Laws in the UAE, 2025 PAFMJ

**Azmat Riaz**, Hamda Abdulla Alshehhi, Aysha Matar Alshamsi, Yamen Fayez Elmoghanni:, Unravelling the Mystery: A Case Report of a Baby with Suspected Goldenhar Syndrome, 2025 PAFMJ

### Submitted:

**Azmat Riaz**, AlHasan Ahmed Badeea Al-Fikri, Lujain Sami Othman Albozeyah, Yusor Al-Nuaimy, Atia Shafique. Are Primary Healthcare Physicians Aware of the National Cancer Screening Guidelines? A Cross-sectional Study from the United Arab Emirates, 2025

## Published:

**Riaz, A.**, & Tabbah, K. (2024). Folic acid allergy in pregnancy: a case report. *Journal of the Pakistan Medical Association*, 75(1), 119–121. <https://doi.org/10.47391/JPMA.10691>

Anouti FA, Ahmed LA, **Riaz A**, Grant WB, Shah N, Ali R, Alkaabi J, Shah SM. Vitamin D Deficiency and Its Associated Factors among Female Migrants in the United Arab Emirates. *Nutrients*. 2022 Mar 3;14(5):1074. doi: 10.3390/nu14051074. PMID: 35268048; PMCID: PMC8912400.

Hey-Cunningham, A., **Riaz A**, D., Fromm, P., Kupresanin, F., Markham, R. & McGuire, H. (2021). Circulating and Endometrial Regulatory T Cell and Related Populations in Endometriosis and Infertility: Endometriosis Is Associated with Blunting of Endometrial Cyclical Effects and Reduced Proportions in Moderate-Severe Disease. *Reproductive Sciences*:1–14. doi: 10.1007/s43032-021-00658-4

Wong, C., **Riaz A**, D., Berbic, M., Hart, D., Fromm, P., Kupresanin, F., Jansen, R., Markham, R., Fraser, I. & Hey-Cunningham, A. (2014). Dendritic cells and impaired immune tolerance in infertility. *Fertility and Sterility*, 102(3):e137. doi: 10.1016/j.fertnstert.2014.07.468

### Oral Presentations

- Riaz A (May 2017) The International Congress of Obstetricians and Gynaecologists, Prague, Czech Republic
- Riaz A (July, 2013) (Maternal Health: Challenges and opportunities in a developing country), The 4th Annual Queen Elizabeth II Centre Conference, Gerringong, Australia
- Riaz A (August 2013) (Infertility in Endometriosis: Is it curable?) September 2013, Three-minute talk competition. The University of Sydney

### Poster Presentations

- **Riaz A**, Al-Fikri A, Perdawood F, AlAni. Surrogacy after breast cancer: A case report from the UAE. RCOG Congress, Oman, Oct 2024
- **Riaz A**, Al-Fikri A, Perdawood F, AlAni A. Awareness of cancer screening guidelines among the primary healthcare physicians: a cross-sectional study from the United Arab Emirates, RCOG Congress, Oman, Oct 2024
- **Riaz A**, Wong C, Berbic M, Jansen RPS, Schmidt U, Markham R, Fraser IS, Hey-Cunningham AJ. Regulatory T-cell disturbances are associated with female infertility. RCOG Congress, March 2014, Hyderabad, India
- **Riaz A**, Wong C, Berbic M, Jansen RPS, Schmidt U, Markham R, Fraser IS, Hey-Cunningham AJ. Infertility in Endometriosis: Are the suppressor cells dysregulated? Annual Scientific Meeting of the Society for Reproductive Biology, August 25-28, 2013, Sydney, Australia
- **Riaz A**, Wong C, Berbic M, Jansen RPS, Schmidt U, Markham R, Fraser IS, Hey-Cunningham AJ. Dysregulated immuno-suppression in women with endometriosis-associated infertility? Annual Scientific Meeting of the RANZCOG, September 8-11, 2013, Sydney, Australia



### LinkedIn Profile

<https://www.linkedin.com/in/dr-azmat-riaz-072b7278/>



### Personal Details

<b>Language Known:</b>	English, Urdu & Hindi
<b>Passport Details:</b>	Pakistani national with UAE resident visa
<b>DHA Registration No.:</b>	82981772
<b>Nationality:</b>	Pakistani