

Othman Abdelraouf Mohm'd Alfuhaha, PhD

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Dr. Othman Alfuhaha is an academic researcher specializing in psychological and educational counseling. He is an Assistant Professor in the Department of Psychology at the College of Humanities and Sciences, Ajman University, United Arab Emirates, and serves as the Master Program Coordinator for the Master of Arts in Clinical Psychology. In this role, he oversees curriculum coordination, thesis supervision, clinical training, and program quality. Before joining Ajman University, he spent three years as an Assistant Professor in the Department of Counseling and Mental Health at the World Islamic Sciences & Education University in Amman, Jordan. Dr. Alfuhaha earned his PhD in Psychological and Educational Counseling from the University of Jordan and has established a strong academic presence through his contributions to research and higher education.

He has authored more than **50** peer-reviewed publications in reputable international journals and serves as an Academic Editor for the distinguished journal PLOS ONE. His research expertise includes psychometric validation, quantitative methodologies, and applied mental health research across psychology, counseling, nursing, and allied health sciences. Dr. Alfuhaha's work reflects a sustained commitment to academic excellence, scientific advancement, and improving the practice of counseling and mental health.

Personal Details Preview

- Nationality: Jordanian.
- Birth Date: Sep 5th, 1986.
- Marital Status: Married.
- ORCID ID: 0000-0002-4847-6388
- Scopus Author ID: 57202688174
- Researcher ID: G-5568-2019
- H-index: **15**.
- Scholar citations: **810**.
- i10-index: **19**.

- Jordan National Database #: 2002047

Education

- ¹September 2014 – ²⁸May 2018: PhD in psychological and educational counseling; School of educational sciences; University of Jordan, Amman, 11942 Jordan.
 - **Thesis Title:** The contribution of locus of control, self-evaluation, and professional status in predicting psychological burnout among nurses in Jordan.
 - **Academic Advisors:** Prof. Hussain Salem Alsharah.
 - **Rating:** Excellent. **GPA:** 3.88 out of 4.00.
- ¹September 2010 – ³Jun 2013: Master's in psychological and educational counseling, Specialized in family Counseling; School of educational sciences; Hashemite University; Zarqa 13133, Jordan.
 - **Qualifying Exam:** Pass.
 - **Rating:** Excellent.
 - **GPA:** 3.75 out of 4.00.
- ¹September 2006 – ¹⁵June 2009: BSc in Nursing; School of Nursing; University of Jordan, Amman, 11942 Jordan.
 - **Rating:** V. Good. **GPA:** 3.02 out of 4.00.
- September 2004 – June 2006: Diploma in Nursing; College of Nursing; Rufadia College for Nursing and Midwives; Zarqa, Jordan.
 - **Rating:** Excellent. **GPA:** 84.8 out of 100.

Academic Experience - Taught Courses

- Internship/Master in clinical psychology.
- Advanced Clinical Psychology/Master in clinical psychology.
- Family Psychology/ BSc in psychology.
- Internship/ BSc in psychology.
- Addiction in Psychology/ BSc in psychology.
- Psychological Statistics/ BSc in psychology.
- Research Methods in Psychology/ BSc in psychology.
- Clinical Psychology/ BSc in psychology.
- Mental illness course/ BSc in counseling and Mental Health.
- Rehabilitation counseling course/ BSc in counseling and Mental Health.
- Principles of educational counseling course/ BSc in counseling and Mental Health.
- Principles of Measurement/ BSc in counseling and Mental Health.
- Behavioral problems for students and treatment methods/ BSc in counseling and Mental Health.
- Family counseling course/ BSc in counseling and Mental Health.
- Group counseling course/ BSc in counseling and Mental Health.
- Field training in counseling/ BSc in counseling and Mental Health.
- Preventive Counseling/ BSc in counseling and Mental Health.

Professional Experience

- Jan 18, 2026 – Present: Master Program Coordinator, Master of Arts in Clinical Psychology, Ajman University, UAE. My role focuses on coordinate curriculum, thesis supervision, and clinical training, ensure accreditation compliance and program quality, and liaise with faculty and external stakeholders.
- Aug 18, 2025 – Present: Assistant professor, Department of Psychology, College of Humanities and Sciences, Ajman 346, United Arab Emirates.
- Aug 21, 2024 – Aug 18, 2025: Assistant professor, Department of Counseling and Mental Health, Faculty of Educational Sciences, The World Islamic Sciences & Education University, Amman 11947, Jordan.
- Oct¹⁷ 2022 – Aug¹⁸ 2025: Full-Time Lecturer (Assistant professor), Department of Counseling and Mental Health, faculty of Educational Sciences, The World Islamic Sciences & Education University, Amman 11947 Jordan.
- Oct¹⁸ 2022 – May¹ 2024: Assistant Dean for Accreditation and Quality Assurance Affairs, faculty of educational sciences, The World Islamic Sciences & Education University, Amman 11947 Jordan.
- Oct¹⁸ 2022 – Aug¹⁸ 2025: Member of the scientific research committee, faculty of educational sciences, The World Islamic Sciences & Education University, Amman, Jordan.
- Aug¹⁶ 2021- Oct¹⁷ 2022: Educator and clinical instructor. Education, training, and development office, Jordan University Hospital, The University of Jordan, Amman-11942 Jordan.
- Jan¹ 2020 – Aug¹⁵ 2021: PhD/ leader of scientific research. Jordan University Hospital, The University of Jordan, Amman-Jordan.
- May¹³ 2012 – May³¹ 2020: Working with neuro-psychology patients such as intractable Epilepsies, brain Tumors, ASD, ADHD. Jordan University Hospital, The University of Jordan, Amman-Jordan.

Award, Membership, Professional Development, Workshops and Training Courses

- UAE Research Expert Map Platform: Expert in Medical & Health Science (2025-present).
- National Council Licensure Examination (NCLEX) for registered nursing: PASS, License number: 72319
- The distinguished researcher prize 2020, Department of Psychological and Educational Counseling. The University of Jordan, Amman Jordan.
- Completed a 3-hour workshop titled Using AI in Interactivity and Engagement, Teaching and Learning Center, Ajman University (February 5, 2025).
- Attended Turnitin Webinar, Office of Information Technology, Ajman University (November 27, 2025).
- Completed a 3-hour workshop titled Introduction to Future Learn, Teaching and Learning Center, Ajman University (March 12, 2025).
- Certificate of membership in the American Psychological Association (APA).
- Courses: Scientific research, SPSS, communication skills, stress management, health education, and cognitive behavioral therapy.
- Zoom program and Microsoft Teams: An expert.
- Good clinical practice certificate 13/08/2026, NIDA Clinical Trials Network.
- Developing writing skills in science & writing for publication: drafting and submitting articles.
- SPSS & AMOS program: Advanced. Microsoft Office, professional computer user, and Internet (ICDL) course.
- Basic Life Support provider (BLS, AHA), issue:16 July 2025, valid 2 years.

- Video electroencephalogram course (VEEG) and Advanced interpretations of electrocardiogram courses.

Invited Talks & Scientific Events

- 5th Scientific Conference of Postgraduate Studies and Research of Faculty of Nursing. Transforming Healthcare: Education, Practice, and Nursing Research as a Sustainable Approach, Nursing Suez Canal University. 22 July 2026. Psychological Burnout Among Healthcare Professionals: Risk Factors, Assessment, and Intervention Strategies.
- Session Moderator (International Conference). 5th International Forum on Education and Mental Health (IFEMH 2026) – Ajman University, UAE. March 31, 2026 (Virtual Session), as a Moderator an international oral presentation session on eco-mental health research, focusing on assessment, indicators, and emerging innovations. Moreover, presented a poster titled: The Association Between Fear of Missing Out and Digital Addiction Among High School Students in the UAE.
- Invited Speaker, Reading as Therapy: How Books Support Psychological Recovery. Public lecture presented as part of the National Reading Month initiative, UAE (March, 2026).
- Invited Speaker, Scientific Symposium “Challenge and Opportunity”, Ajman University, UAE (February 2026). Presentation: Psychological Burnout Among Healthcare Professionals: Risk Factors, Assessment, and Intervention Strategies.
- Presenter, Ajman University World Mental Health Day, Counseling Unit, Deanship of Student Services, Ajman University, UAE (October 9, 2025). Presentation: Community-Based Approaches to Prevent Addiction During Crisis.

Publications of research articles:

1. **Alfuqaha, O. A.**, Msall, K., Abdelrahman, R. M. (2026). Development and Validation of AI Help-Seeking Behavior Scale Among Undergraduate University Students. *European Journal of Investigation in Health, Psychology and Education*, 16(7), 90. <https://doi.org/10.3390/ejihpe16070090>
2. Abu Ejheisheh, M., Ayed, A., Aqtam, I., **Alfuqaha, O. A.** Alkhatib, S., Batran, A., Melhem, R., Bekaert, S. (2026). The Relationship between Professional Quality of Life and Work Alienation among Nurses in Neonatal Intensive Care Units: A Cross-Sectional Study. *Journal of Research in Nursing*. <https://doi.org/10.1177/17449871261481743>
3. Abu Ejheisheh, M., Ayed, A., Aqtam, I., **Alfuqaha, O. A.**, Alkhatib, S., Batran, A., Talbishi, N., Thweib, H., Farajallah, M. (2026). Teamwork as a Management Strategy to Enhance Professional Well-being and Reduce Burnout among NICU Nurses in Palestine: a cross sectional study. *Journal of Research in Nursing*. <https://doi.org/10.1177/17449871261456564>
4. **Alfuqaha, O. A.**, Msall, K., Abdelrahman, R. M. (2026). Factors Associated with Artificial Intelligence-Help-Seeking Behavior Among University Students in the UAE: A Cross-Sectional Study. *Education Sciences*, 15(2), 184. <https://doi.org/10.3390/educsci15020184>
5. Toqan D., Ayed A., Aqtam I., Harazne, L., Abu Ejheisheh, M., Mohammad Bani Younis, M., Al-Ananbeh, E., **Alfuqaha, O. A.**, Batran, A., & Shouli, M. (2026). Academic Self-Efficacy as a Predictor of Clinical Decision-Making Among Nursing Students: A Cross-

Sectional Correlational Study Conducted in Palestine. *SAGE Open Nursing*, 12. <https://doi.org/10.1177/23779608261444447>

6. Ayed, A., Abu Ejheisheh, M., Aqtam, I., **Alfuqaha, O. A.**, Batran, A. (2026). Professional Values, Self-Esteem, and Professionalism Among Neonatal Intensive Care Nurses in Palestine: A Cross-Sectional Study. *Journal of Research in Nursing: JNR*. 17449871251410553. <https://doi.org/10.1177/17449871251410553>
7. Baniamer, A., **Alfuqaha, O. A.**, Msall, K. (2025). Validation and Association of the Arabic California Brief Multicultural Competence Scale Among Counselors with Professional Identity. *Counselling and Psychotherapy Research*, 25(4), e70070. <https://doi.org/10.1002/capr.70070>
8. **Alfuqaha, O. A.**, Al-masarwah, U. M., Al Talahin, F. M., Altarawneh, R. T. (2025). The Effect of Psychological First Aid Interventions on Self-Efficacy and Professional Quality of Life among Physicians: A Quasi-Experimental Study. *European Journal of Investigation in Health, Psychology and Education*, 15(12), 245. <https://doi.org/10.3390/ejihpe15120245>
9. Yasin, J. Qtaishat, F. A., Tamimi, M., AlKuttob, L., Abu Hussain, M., Zuriekat, M., Al-Halasa, F. A., **Alfuqaha, O. A.** (2026). Influence of Social Media Addiction and Usage on Disordered Eating Attitudes, Physical Activity, Body Shape Concern, and Body Appreciation Among University Students. *Jordan Medical Journal*, 60(3), 401-417. <https://doi.org/10.35516/jmj.v60i3.4208>.
10. Aqtam, I., Ayed, A., **Alfuqaha, O. A.**, Shouli, M. (2025). Stress and Resilience of Nursing Students in Clinical Training during Political Violence: A Palestinian Perspective. *PLoS ONE*, 20(6), e0325278. <https://doi.org/10.1371/journal.pone.0325278>
11. Samhan, G., **Alfuqaha, O. A.**, Zeadnih, R., Abdelhadi, L., Alhalaiqa, F. (2025). Measuring the Psychometric Properties of the Arabic Version of the Work-Related Burnout Assessment Tool Among Jordanian Nurses and Midwives. *General Medicine*, 27(2), 2551-2563. <https://doi.org/10.10440/GM.28.02.2025.01>
12. **Alfuqaha, O. A.** (2025). Examining the relationships between existential fulfillment, professional quality of life, and self-efficacy among counselors, physicians, and nurses in healthcare settings. *Counseling and psychotherapy research*, 25(1), e70012. <https://doi.org/10.1002/CAPR.70012>.
13. **Alfuqaha, O. A.**, Barakat, R. O., Al-masarwah, U. M., Aladwan, D. A., & Baniamer, A. O. (2025). Predictors of Psychological Burnout Among Jordanian University Students: Multicenter Cross-Sectional Study. *Education Sciences*, 15(2), 184. <https://doi.org/10.3390/educsci15020184>
14. Alshareef, B. E., **Alfuqaha, O. A.**, Maali, I. B., & Amer, K. (2025). Validation and assessment of the Arabic psychological first aid scale among physicians, nurses, and counselors in Jordan. *BMC psychology*, 13(1), 103. <https://doi.org/10.1186/s40359-025-02428-2>
15. Yasin, J. A., Tamimi, M. A., Qtaishat, F. A., Al-Din, T. J., Obeidat, D. M., Alkuttob, L. A., Alhamaideh, L. H., Al-Hababbeh, F. O., Jabri, M. E., Al-Ani, A., Odat, R. M., Zuriekat,

- M., **Alfuqaha, O. A.** (2024). Lung Cancer Screening Health Belief Model: Psychometric Properties of the Arabic Version and Factors Influencing Screening and Prevention Among Jordanians. *Psycho-Oncology*, 33(11), e70019. <https://doi.org/10.1002/pon.70019>.
16. Zuriekat, M., **Alfuqaha, O. A.**, Alqudah, S., Uchiyama, A., Alfar, M., Masadeh, N., Shetaiwi, D., & Almuaili, A. (2024). Exploring Attitudes Towards Hearing Aid Use Among Middle-Aged Adults with Hearing Loss: A Quantitative and Validation Study. *The Journal of laryngology and otology*, 1–27. <https://doi.org/10.1017/S0022215124001579>
 17. Alshareef, B. E. & **Alfuqaha, O. A.** (2024). The Effect of a Spiritual Intelligence-Based Counseling Program on Suicidal Ideation and Self-Concept among Retirement. *Counseling and psychotherapy research*, 24(4), 1337-1344. <https://doi.org/10.1002/capr.12752>
 18. Aladwan, D. A., **Alfuqaha, O. A.** & Wazzan, N. (2024). The effect of Quarantine Period During COVID-19 Pandemic on the psychological aspects among Jordanian sample. *Journal of Special Education and Rehabilitation*, 17(60), 33-60.
 19. Aladwan, D. A., Al-masarwah, M. U., Barakat, O. R., & **Alfuqaha, O. A.** (2024). Predictors of Mindfulness Among Jordanian University Students. *Dirasat: Human and Social Sciences*, 52 (2), 95-106. <https://doi.org/10.35516/hum.v52i2.4725>.
 20. Farah, R., **Alfuqaha, O. A.** Younes, A., Mahmoud, H., Al-Jboor, A., Karajeh, M., Al-Masadeh, M., Murad, O., & Obeidat, N. (2023). Prevalence and Mortality Rates of Acute Kidney Injury among Critically Ill Patients: A Retrospective Study. *Critical Care Research and Practice*, 9966760, 1-9. <https://doi.org/10.1155/1970/9966760>.
 21. **Alfuqaha, O. A.** (2023). Validating the Arabic Version of the Connor-Davidson Resilience Scale Among University Students. *PLoS ONE*, 18(10), e0293384. <https://doi.org/10.1371/journal.pone.0293384>
 22. **Alfuqaha, O. A.**, Yaghi, H. S., Alrawashdeh, L. A., & Rezaqallah, N. B. (2024). Breathing Safely: Eliminating Facial Injuries Related to Noninvasive Positive Pressure Ventilation Devices. *Central European Journal of Nursing and Midwifery*, 15(1), 1042-1049. <https://doi.org/10.15452/CEJNM.2023.14.0021>
 23. Alhalaiqa, F. N., **Alfuqaha, O. A.**, Masa'Deh, R., Khalifeh, A. H., Alsaraireh, M., Manaa, N.S., Alkouri, O., & Al Omari, O. (2023). Psychometric Properties of The Post-Traumatic Stress Disorder Checklist Among Lebanese Population exposed to Beirut explosion: Across Sectional Study During COVID-19 Pandemic. *Behavioural Neurology*, 2023, 9286562. <https://doi.org/10.1155/1970/9286562>
 24. Abdelghany, S., Al-Muhaissen, S., Al Thaher, Y., Milhem, M., Fashho, M., **Alfuqaha, O. A.**, & Saleh, M. (2023). Needle phobia among adult Jordanians: General awareness, prevalence; and exploring microneedles as a promising solution. *PLoS ONE*, 18(9), e0291807. <https://doi.org/10.1371/journal.pone.0291807>
 25. Alfuqaha, O. A., Al-masarwah, U. M., Farah, R. I., Yasin, J. A., Alkuttob, L. A., Muslieh, N. I., Hammouri, M., Jawabreh, A. E., Aladwan, D. A., Barakat, R. O., & Alshubbak, N. H. (2023). The Impact of Turkey and Syria Earthquakes on University Students: Posttraumatic Stress Disorder Symptoms, Meaning in Life, and Social Support. *Behavioral Sciences*, 13(7), 587. <https://doi.org/10.3390/bs13070587>
 26. **Alfuqaha, O. A.**, Shunnar, O. F., Khalil, R. A., Alhalaiqa, F. N., Al-masarwah, U. M., & Al Amad, T. Z. (2023). Work Alienation Influences Nurses' Readiness for Professional Development and Willingness to Learn: A Cross-Sectional Correlation Study. *PLoS ONE*, 18(5), e0284963. <https://doi.org/10.1371/journal.pone.0284963>

27. Rababah, J. A., Al-Hammouri, M. M., Ta'an, W.F., **Alfuqaha, O. A.** (2022). Predictors of Depression in Older Adults with Heart Failure: An Acceptance and Commitment Therapy-derived Linear Regression Model. *Jordan Journal of Nursing Research*, 1(2), 68-76. <https://doi.org/10.14525/jjnr.v1i2.07>
28. **Alfuqaha, O. A.**, Alhalaiqa, F. N. Alqurneh, M. K., & Ayed, A. (2022). Missed Nursing Care Before and During COVID-19 Pandemic: A Comparative Cross-Sectional Study. *International Nursing Review*, (70)1, 100-110. <https://doi.org/10.1111/inr.12795>
29. **Alfuqaha, O. A.**, Alhalaiqa, F. N. Ayed, A., & Alqurneh, M. K. (2022). Arabic version of the Missed Nursing Care Survey: Validity and Reliability. *International Journal of Nursing Practice*, 28(5), e13074. <https://doi.org/10.1111/ijn.13074>
30. **Alfuqaha, O. A.**, Aladwan, D., Al Thaher, Y. & Alhalaiqa, F. N. (2022). Measuring a panic buying behavior: The role of awareness, demographic factors, development, and verification. *Heliyon*, 8(5), e09372. <https://doi.org/10.1016/j.heliyon.2022.e09372>
31. **Alfuqaha, O. A.**, Alqurneh, M. K. & Banisaid, B. (2022). Hand Hygiene among Nurses and Physicians at a Tertiary Hospital in Jordan during the COVID-19 pandemic: A Cross Sectional Comparative Study. *Jordan Journal of Nursing Research*, 1(1), 44-52. <https://doi.org/10.14525/JJNR.v1i1.06>
32. Al-Hammouri, M. M., Rababah, J. A., Khader, Y. S., Hall, L., Moser, D. K., Ta'an, W.F., Mukattash, T. L., **Alfuqaha, O. A.**, & Rowland, M. L. (2022). The Role of Psychological Flexibility in Heart Failure: Structural Equation Model Analysis. *Jordan Journal of Nursing Research*, 1(1), 75-86. <https://doi.org/10.14525/jjnr.v1i1.09>
33. **Alfuqaha, O. A.**, Al-Hammouri, M. M., Rababah, J. A., Alfoqha, B. A., Alfuqaha, O. N., Haha, M. F. F., Musa, S. S., & Matter, A. A. (2022). Psychometric Properties of the Arabic Version of the Existence Scale. *PLoS ONE*, 17(4), e0267321. <https://doi.org/10.1371/journal.pone.0267321>
34. **Alfuqaha, O. A.**, Alhiary, S., & Alhems, H. (2022). Job Rotation Approach Among Nurses: A Comparative Study. *Texto & Contexto-Enfermagem*, 31, e20200689. <https://doi.org/10.1590/1980-265x-tce-2020-0689>
35. **Alfuqaha, O. A.**, Albawati, N. M., Alhiary, S. S., Alhalaiqa, F. N., Haha, M. F. F., Musa, S. S., Shunnar, O., & Al Thaher, Y. (2022). Workplace Violence among Healthcare Providers during the COVID-19 Health Emergency: A Cross-Sectional Study. *Behavioral Sciences*, 12(4), 106. <https://doi.org/10.3390/bs12040106>
36. **Alfuqaha, O. A.**, Rabayah, M., Al.khashashneh, O., & Alsalaht, M. (2022). Technology Acceptance Model Among Nurses and Other Healthcare Providers During Coronavirus Disease 2019 Pandemic: A Comparative Cross-sectional study. *Central European Journal of Nursing and Midwifery*. 13(4), 775-782. 2022. <https://doi.org/10.15452/CEJNM.2022.13.0023>
37. Toqan, D., Ayed, A., Amoudi, M., Alhalaiqa, F., **Alfuqaha, O.**, & ALBashtawy, M. (2022). Effect of progressive muscle relaxation exercise on anxiety among nursing students in pediatric clinical training. *Sage Open Nursing*, 8(2), 1-6. <https://doi.org/10.1177/23779608221090002>
38. Altamimi, M. H., **Alfuqaha, O. A.**, Baniissa, A. S., & Wala' T. AL-Maqbeh, W. T. (2022). Visitors and equipment failure as predictors of interruptions among nurses. *Central European Journal of Nursing and Midwifery*, 13(2): 640-647. <https://doi.org/10.15452/CEJNM.2021.12.0039>

39. Al Thaher, Y. **Alfuqaha, O. A.** & Dweidari, A. (2021). Health-related quality of life and outcome after total knee replacement: Results from a cross-sectional survey in Jordan. *Advances in Orthopedics*, 2021(1), 1-8. <https://doi.org/10.1155/2021/5506809>
40. Sulaiman, A. M., **Alfuqaha, O. A.**, Shaath, T. A., Alkurdi, R. I., & Almomani, R. B. (2021). Relationships between core self-evaluation, leader empowering behavior, and job security among Jordan University Hospital nurses. *PLoS ONE* 16(11): e0260064. <https://doi.org/10.1371/journal.pone.0260064>
41. Jaber, R., Shaweesh, H., Zarqa, A. A., & **Alfuqaha, O. A.** (2021). Mothers' knowledge regarding peripheral intravenous catheter caring and complications among pediatric patients: A cross-sectional study. *Journal of Nursing Education and Practice*, 11(12), 31-37. <https://doi.org/10.5430/jnep.v11n12p31>
42. **Alfuqaha, O. A.**, Al-olaimat, Y., Abdelfattah, A. S., Jarrar, R. J., Almudallal, B. M., Abu ajamieh, Z. I. (2021). Existential Vacuum and External Locus of Control as Predictors of Burnout among Nurses. *Nursing Reports*. 11(3), 558-567. <https://doi.org/10.3390/nursrep11030053>
43. **Alfuqaha, O. A.**, Alhiary, S., Alhems, H., Sabbah, A., Faraj, K. & Assaf, E. (2020). Job Rotation Approach in Nursing Profession. *Scandinavian Journal of Caring Sciences*, 35(2), 659-667. <https://doi.org/10.1111/scs.12947>
44. **Alfuqaha, O. A.**, Alkawareek, M. & Alsharah, H. (2019). Self-Evaluation and Professional Status as Predictors of Burnout among Nurses in Jordan. *PLOS ONE*, 14(3), e0213935. <https://doi.org/10.1371/journal.pone.0213935>.
45. **Alfuqaha, O. A.** & Alsharah, H. (2018). Burnout among Nurses and Teachers in Jordan: A Comparative Study. *Archives of psychiatry and psychotherapy*, 20(2), 55-65. <https://doi.org/10.12740/APP/80168>.

Editor and Reviewers at:

#	Journal name	Index in Web science	Reviewed papers
1	PLOS ONE Journal (Editor and Reviewer)	Q1, Impact Factor (IF): 3.752	30
2	International Journal of Disaster Risk Reduction	Q1, IF: 4.32	1
3	International Nursing Review	Q1, IF: 4.2	1
4	AIDS Care	Q1, IF: 1.887	1
5	Psychology, Health & Medicine Journal	Q2, IF: 1.706	14
6	International Journal of Food Science & Technology	Q1, IF: 3.612	1
7	International Journal of Nursing Practice	Q1, IF: 2.226	2
8	Journal Of Advanced Nursing	Q1, IF: 3.187	2
9	BMC Nursing	Q1, IF: 2.283	3
10	BMC Psychiatry	Q1, IF: 3.388	2
11	Scientific Reports	Q1, IF: 4.996	2
12	Nursing Reports	Q2	1

13	Neuropsychiatric Disease and Treatment	Q2, IF: 1.741	1
14	Nursing Open	Q2, IF: 1.76	2
15	Journal of Clinical Medicine	Q1, IF: 3.9	1
16	Journal of religion and health	Q1, IF: 2.8	1
17	Jordan Journal of Nursing Research	Scopus	4
18	Clinical Psychology and Psychotherapy	Q1	2
19	Healthcare	Q1	1
20	Heliyon	Q1	1

Professional Licenses and Skills

- Registered Psychological and Counseling: Licensed by the Jordanian Psychological Association, Jordan (2019 - present).
- Specialist in Psychological and Educational Counseling: Licensed by Ministry of Health (2019).
- Fluent in Arabic (native) language and perfect in English (writing, reading, and speaking).
- **Pearson Test of English (PTE Academic) Score: 59. Valid Until: 15 Jun 2026**
- Registered Nurse: Licensed by a state board of nursing, USA (2023 - present).
- Registered Nurse: Licensed by the Ministry of Health, Jordan (2009 - present).